

30th CRAIGALMOND

24 Quality Street Lane
Davidson's Mains
Edinburgh, EH4 5BU



Physical Recreation Activity Badge



Name:

Which Sport do you take part in?	
Requirement	Leader Signature
Show off some of the skills you use in your sport.	
Bring some of the clothing and equipment for your sport.	
How long have you been taking part in the Sport?	
What are some of the rules and laws of your Sport?	
Why does your sport have those rules and laws?	
What training do you do for your sport?	
How do prepare for training or matches for your sport?	